

# ELMORE COUNTY SEARCH AND RESCUE

Your pack should be large enough to carry everything you need and still have room for unit gear that may be assigned to you during a search (Radios, GPS, Med Kits etc.). Label any personal equipment with your name and phone number. **Be sure to sign out/return any SAR gear used during a mission.**

**SAR MODULE: Each truck should have a SAR Module on board.**

- **Roster**
- **Notepad/pen/pencil/marker**
- **Freq. Sheet**
- **Evidence kit: nitrile gloves/Ziplocs/disp. camera/flagging tape**

**The 24-hour pack should contain items listed under personal equipment and SAR module.**

**PERSONAL EQUIPMENT (Required):**

- **Personal Items** – Glasses, contacts, inhaler, medication etc. (Take care of yourself in the field)
- **Identification** – SAR ID, Driver's License, ATV Card etc.
- **Clothing** – Clothing and layering system tailored for current season and projected conditions. Cotton should NOT be worn in the field.
- **Appropriate Footwear** – footwear should be adequate for the equipment and search party you are a part of or using. No slippers, crocs, etc.
- **Food (1500cal)** – Snacks such as beef jerky, nuts/trail mixes, electrolyte mix, tuna/chicken packs, nut butters etc.
- **Water (2L)**
- **First Aid Kit** – This kit should support your current level of individual training and skill. The Adventure Medical Kits "Mountain" or "Ultralight" series are solid kits for basic use. NOLS Med Kit 2.0 or 3.0 are good mid-level kits as well. (NOLS Blog "27 Considerations for a Wilderness First Aid Kit")
- **50' Accessory Cord** – utility cordage for improvising shelter, splints, equipment repair, etc. Consider a 20'-25' length of tubular webbing. (Sterling Rope, Bluewater Rope)
- **Multitool OR Knife** – Pick which tool fits your experience/common uses best and go from there.
- **Flashlight / Headlamp** – waterproof flashlight or headlamp with spare batteries (power bank with charging cord if rechargeable)

**Suggested:**

- **PPE** – Leather gloves, protective eyewear (sunglasses/goggles), ear protection
- **Sunscreen**
- **Trekking Poles**
- **Signal mirror/whistle.**
- **Folding Saw** – Silky Pocketboy 170 / Silky Gomboy 240

**The 48-hour pack should contain items listed above, as well as items listed as "supplemental".**

**SUPPLEMENTAL PACK ITEMS (Required):**

- **Water Filter/Purification** – filter system, iodine tablets, stove
- **Food (2500+cal)** – mountain house, peak refuel, electrolyte/hot drink mixes, etc.
- **Fire Starting Kit** – DIY fire kits are easy and cheap to build out, or you can buy a pre-fab kit.
- **Cook Kit** – This kit should be appropriate for the food you have packed, don't forget fuel.

**Suggested:**

- **Repair Kit** – boot laces, gorilla tape, zip ties, repair tape, superglue etc.
- **Plastic Bags** – 55gal contractor bag(s), Ziploc bags, etc. (relevant to your equipment)
- **Hygiene/Ditty Bag** – wet wipes, toothbrush/paste, hand sanitizer, feminine hygiene etc.
- **Cup/Spoon**
- **Extra Clothing/Layers**
- **Sleeping bag/Shelter** –20°-35° pack according to your needs/experience/Tarp can suffice as shelter.
- **Insulated pad** – inflatable sleeping pad or closed cell pad.

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**UNIFORM / LAYERING SYSTEMS FOR ADVERSE WEATHER:** Principles discussed and applied for cold/adverse weather layering can also be applied to layering and clothing considerations for warmer weather months. (YouTube: “Winter Warmth: Winter Layering System”)

- **Orange SAR Shirt**
- **Underwear/Socks**
- **Base layer insulation (top and bottom)** – typically lighter weight layers that fit under other layers well.
- **Mid-Layer Insulation (top and bottom)** – typically mid-weight with higher insulation value (fits over base layers)
- **Heavy/Outer Insulation (top and bottom)** – high insulation value layers that fits over all other insulation layers.
- **Shell (hard or soft)** – Waterproof/windproof jacket and pants that can fit over ALL layers.
- **Headwear** – beanies, neck gaiter, or other headwear that can insulate and/or shield your head and neck from the elements.
- **Gloves** – variety of options to protect and insulate hands from the elements.
- **Eyewear** – sunglasses or goggles to protect from wind, snow, and sun.

## **OPTIONAL EQUIPMENT CONSIDERATIONS:**

- **Hand Warmers / Foot Warmers**
- **Gaiters**
- **Cash** - \$50-\$100 in small bills.
- **Flagging Tape / Glow Sticks (IR for Guard)**
- **Guardian Angel Light**
- **Chest pack**